



Menu

Week 20. – 24. Jan 2024

<i>Monday</i>	<p><i>Vegan course:</i> Vegan tagine, rice (M) (V) (G) <i>Meat/fish of the day:</i> Lamb tagine, rice (G) (M) <i>Soup of the day:</i> Paprika and lentil soup (G) (V) (M)</p> <p><i>Fresh and healthy saladbar - Flaxseedbread, fresh out of the oven</i></p>
<i>Tuesday</i>	<p><i>Vegan course:</i> Brokkolini with balsamic, barley, parsley dressing (M) (V) <i>Meat/fish of the day:</i> Garlic marinated Cod, barley, Truffle aioli <i>Soup of the day:</i> chicken soup (G) (M)</p> <p><i>Fresh and healthy saladbar - Sunflowerseed bread fresh out of the oven</i></p>
<i>Wednesday</i>	<p><i>Vegan course:</i> Gratinated mac and cheese with white beans and vegetables (M) (V) <i>Meat/fish of the day:</i> Lemon-timian chicken, lemon-estragon sauce, rice (G) <i>Soup of the day:</i> Tomato soup (G)</p> <p><i>Fresh and healthy saladbar - fiveseedbread, fresh out of the oven</i></p>
<i>Thursday</i>	<p><i>Vegan course:</i> Grilled romaine with chick peas, garlic mayo, rice (M) (V) (G) <i>Meat/fish of the day:</i> Artic-char in sweet dijon marinade, sweet potatoes, root vegetables, dill cream sauce (G) <i>Soup of the day:</i> Celeriac soup (G) (V) (M)</p> <p><i>Fresh and healthy saladbar - cinamon-áplé bread, fresh out of the oven</i></p>
<i>Friday</i>	<p><i>Vegan course:</i> Vegan burger, fries, Big mac sauce (M) (V) <i>Meat/fish of the day:</i> Cheeseburger, fries, Big mac sauce <i>Soup of the day:</i> Cauliflower soup (M) (G) (V)</p> <p><i>Fresh and healthy saladbar - rosemarín bread, fresh out of the oven</i></p>

Mjólkurlaus = (M) Vegan = (V) Gluten free = (G)